

# Health Equity Community Ambassador - Boston, MA

## Background

Love Your Menses, Inc. was founded in 2019 in response to the growing wellness need present in our communities, especially communities of color. The mission of Love Your Menses (LYM) is our mission is to dispel myths surrounding menstruation, promote menstrual equity, and build the next generation of leaders by providing an educational, uplifting, and supportive space for Black and Brown girls, women, and all people who menstruate to learn about the menstrual cycle and create innovative public health solutions.

### Overview

We are seeking a Health Equity Community Ambassador with an interest in public health, specifically reproductive health and disease prevention. As the Health Equity Community Ambassador, you will work with community members to facilitate effective and culturally competent workshops and distribute information to inform people of reproductive age about COVID-19 safety, vaccine resources, and how to take care of themselves. The goal of this program is to reduce COVID-19 infections, morbidity, and mortality among Black, Indigenous, and other people of color (BIPOC) of reproductive age in our hardest-hit cities and towns, as well as, to support education and awareness of vaccination efforts in Massachusetts.

### Main Responsibilities:

The Health Equity Community Ambassador will work 8 hours a week on the following:

- Facilitate menstrual wellness education workshops and discussions in community-based settings
- Assist Program Coordinator with menstrual product distribution outreach, via period pop-ups in the Greater Boston area
- Communicate with community partners, youth, parents, and project team members
- Participate in external partner meetings and topic-related webinars

## **Compensation/ Benefits:**

- This is a 4-month position (August 2022-December 31, 2022) that is fully remote
- This is a non-benefited, stipended position. The fellow will receive a monthly stipend of \$800.
- The Health Equity Community Ambassador will have an opportunity to attend professional development workshops, which will be approved and covered by Love Your Menses.

## Eligibility

Applicant must:

- Live in the Greater Boston Area
- Have a passion for public health, specifically reproductive health
- Comfortable using technology (Canva, Google Workspace, Asana, etc.)
- Able to commit 4 months (August 2022- December, 31 2022)
- This is a remote position but must have reliable transportation to attend in-person events around the Greater Boston area

#### How to Apply

Interested applicants should submit their resumes and letter of interest to Asriel Walker, <u>awalker@loveyourmenses.com</u>.